ENJOY YOUR STAY

WELCOME
On behalf of everyone at the University of Stirling, the Commercial Operations team is delighted to welcome you to “the most picturesque university campus in Europe”. With so much to see and do, on and off campus, this guide offers a mere ‘snapshot’ of what is available. Nonetheless we hope it serves as a useful reference. We will, of course, be delighted to provide any additional information required, and will do all that we can to make your visit a pleasant one.

A UNIQUE SETTING
The University of Stirling was the first genuinely new University in Scotland for over 400 years. Founded by Royal Charter in 1967, we retain our pioneering spirit and a unique setting. The University is located just two miles from the centre of Stirling, which received city status in 2002. Set in the shadow of the Ochil Hills, the magnificent 310-acre campus encompasses a loch, a golf course and the 18th-century Airthrey Castle. It is undoubtedly one of the most attractive campuses in Europe, so a visit is strongly recommended.

A UNIVERSITY AT THE HEART OF SCOTLAND
Stirling is at the geographic heart of Scotland – dramatically positioned at the point where Lowland and Highland Scotland meet. A fascinating mix of old and new, Stirling has a reputation as one of the most attractive places to live in the UK. The city is a thriving, compact and welcoming community and boasts a wide range of commercial and cultural facilities. Stirling has excellent direct rail and road links to the rest of Scotland and the UK. London and the other great capitals of Europe are a short hop by air from either Edinburgh or Glasgow airports, both of which are within easy reach of the city.

CONTACT DETAILS
Holidays
Tel: 01786 467142
E-Mail: holidays@stir.ac.uk
www.holidays.stir.ac.uk

Conferences
Tel: 01786 467140
E-Mail: conferences@stir.ac.uk
www.conferences.stir.ac.uk

LOCAL INFORMATION

DENIST
Medical Centre  University of Stirling  Stirling  Tel: 01786 448890

DOCTORS/HOSPITAL
Airthrey Park Medical Centre  University of Stirling  Stirling  Tel: 01786 463321
Health Centre  Fountain Road  Bridge of Allan  Tel: 01786 833310
Medical Centre  Viewfield Street  Stirling  Tel: 01786 472028
Stirling Royal Infirmary  Livilands Gate  Stirling  Tel: 01786 434000

HAIRDRESSERS
Capelli  Fountain Road  Stirling  Tel: 01786 833323
Frances Hunter Hairdressers  Port Street  Stirling  Tel: 01786 470128
Lumia Spa  Henderson Street  Bridge of Allan  Tel: 01786 358310
Rainbow Room International  Barnton Street  Stirling  Tel: 01786 448789

RESTAURANTS/EATING PLACES
Chinese/Cantonese:
The Imperial  King Street  Stirling  Tel: 01786 474327
The Regent  Upper Craigs  Stirling  Tel: 01786 472513

Indian:
Rana’s  Friar’s Street  Stirling  Tel: 08458334243
Indian Cottage  Dunbarton Road  Stirling  Tel: 01786 464615

Italian:
Bologna Ristorante  Mine Road  Bridge of Allan  Tel: 01786 833617
Italia Nostra  Baker Street  Stirling  Tel: 01786 473208

Thai:
Wilawan Thai Restaurant  Baker Street  Stirling  Tel: 01786 464837

SUPERMARKETS
Morrisons Supermarkets Plc  Spittal Street  Stirling  Tel: 01786 446124
Tesco Stores Ltd  Easter Compton Road  Causewayhead  Tel: 01786 463384
Sainsbury Stores Ltd  Old Inveralan Road  Bridge of Allan  Tel: 01786 833335
Co-OP  Castle Wynd  Stirling  Tel: 01786 472290
Marks and Spencer – Simply Food  Henderson Street  Bridge of Allan  Tel: 01786 833659

TOURIST INFORMATION
Tourist Information Centre  Dunbarton Road  Stirling  Tel: 01786 475019
LOCAL INFORMATION

ACTIVITIES
Skiing & Snowboarding (Dry Slope)  Firpark Ski Centre  Tillicoultry  Tel: 01259 751772
Ten Pin Bowling  AMF Bowling,  Stirling  Tel: 08448 260333
Bridgehead Golf Club  Ailsa  Tel: 01259 722078
Bridge of Allan Golf Club  Sunnylaw Road  Bridge of Allan  Tel: 01786 823332
Stirling Golf Club  Queens Road  Stirling  Tel: 01786 464608
Absolutely Scotland Outdoor Activity Centre  Stirling  Tel: 01786 833200

BANKS
Bank of Scotland  University of Stirling Campus  Tel: 01786 422084
Bank of Scotland  Port Street  Stirling  Tel: 01786 422001
Clydesdale Bank  Murray Place  Stirling  Tel: 01786 845167
Royal Bank of Scotland  Murray Place  Stirling  Tel: 01786 451708
Lloyds TSB  Murray Place  Stirling  Tel: 01786 473764
(NB  Smaller branches are also located in Bridge of Allan)

BEAUTY SALONS
Unique Beauty Therapy  Sports Centre  University of Stirling Tel 07809 467 982
Neroli Beauty Salon  Stirling Road  Dunblane  Tel: 01786 821818
Lumia  Henderson Street  Bridge of Allan Tel: 01786 831164

BUS/TRAIN STATION
Stirling Bus Station  Goosecroft Road  Stirling  Tel: 01786 446474
Bus Enquiries  First Bus  Tel: 0871 200 2233
National Rail Enquiries  Tel: 0845 748 4950

CAR HIRE
Arnold Clark  Kerse Road  Stirling  Tel: 01786 478686
Enterprise rent-a-car  Springkerse Ind Est  Stirling  Tel: 01786 462666

CHEMISTS
Boots The Chemist  Thistle Centre  Stirling  Tel: 01786 462271
Tesco Pharmacy  Wallace Street  Stirling  Tel: 01786 427400

CINEMA
Vue Stirling  Forthside Way  Stirling  Tel: 08712 240240
Cineworld  Central Retail Park  Falkirk  Tel: 01324 616920
MacRobert Filmhouse  University of Stirling  Stirling  Tel: 01786 466666

COFFEE SHOPS
Allanwater Café  Henderson Street  Bridge of Allan  Tel: 01786 833060
Clive Ramsay Cafe  Henderson Street  Bridge of Allan  Tel: 01786 831616
Coffee Bothy  Blairmains  Stirling  Tel: 01259 736388
Corrie’s  Ailsa  Causewayhead  Tel: 01786 470289
Crae Café  Murray Place  Stirling  Tel: 01786 464620
Damley Coffee House  Bow Street  Stirling  Tel: 01786 474468
Old Town Coffee Shop  Spittal Street  Stirling  Tel: 01786 446469
The Beech Tree Café  Beech Road  Dunblane  Tel: 01786 823451
Victoria’s Coffee Shop  King Street  Stirling  Tel: 01786 479867

GETTING HERE BY CAR
Directions for Driving to the University’s Stirling Campus
Visitors to the University who choose to bring their car should note the following directions:
> From the East, South or West take the M9 to Junction 11. Once at the junction there is a roundabout which marks the end of the M9. From here you should take the exit for Bridge of Allan, follow the road through the town itself, and after about 200 metres you will find the University entrance on the left.
> From the North take the A9 to the same roundabout and follow the same route through Bridge of Allan as above.
AA Route Planner  www.thea.com/route-planner/index.jsp
RAC Route Planner  www.route.rac.co.uk

Visitors to the campus should note that at certain times, during semester, demand for car parking spaces may exceed supply. Visitors are strongly encouraged to use the excellent public transport links to and from Stirling (see page 14).

During semester (and on occasions during vacation periods) vehicular access to campus is controlled by means of a barrier system. On entering the campus, all drivers are therefore requested to keep to the far left hand lane (of three lanes) and to stop briefly at the small access control booth. If the booth is manned, security staff will be able to direct you to the appropriate location, and during semester, issue you with a visitor’s parking permit which you should display on your windscreen whilst parked on campus. During vacation periods (when there is much less pressure on car parking spaces) visitor permits are generally not required. Nonetheless drivers are still advised to call at the booth to be directed to their particular location. If the booth is unmanned, drivers are advised to continue on their way paying close attention to on campus signage which will direct you to your preferred location.

Our Stirling Campus, located at the heart of central Scotland, enjoys excellent public transport links and is easily accessible on foot, by bike, by bus and by train or by most combinations of the above travel methods.

GETTING HERE BY BUS
The University of Stirling is served by excellent bus links from Stirling city centre. At peak times some 19 buses per hour run from Stirling to the main University campus. Most bus services to the campus run from either just outside Stirling’s Rail Station or a two minute walk away, in Murray Place, making it possible to enjoy an easily integrated public transport journey to the campus.

By bus from Stirling
> Unlink ‘shuttle’ service: Stirling City – University of Stirling – Stirling City
> 53: Whins of Milton – University (via Stirling City Centre)
> 54: Stirling - Stirling (via Compton, Bridge of Allan, University, Causewayhead)
> 54A: Stirling - Stirling (via Causewayhead, University, Bridge of Allan, Compton)
Inter City Coaches  www.citylink.co.uk/timetables.html

GETTING HERE BY TRAIN
Our central location, at the very heart of Scotland, ensures that students, staff and visitors enjoy excellent rail services to and from the city of Stirling. Regular services run from Edinburgh and Glasgow, which are both key interchanges for the rest of the UK national rail network. Those travelling from the North can get to Stirling via Scotrail services from Inverness, Aberdeen, Dundee and Perth.
Rail Travel in Scotland  www.scotrail.co.uk
GETTING HERE

GETTING HERE BY AIR

You can fly to either Edinburgh or Glasgow Airports from a wide range of international and domestic airports. It may be the case, however, that if you are flying in from a country that does not go direct to either of these airports that your journey will have to go via one of the London airports. There are very regular shuttle flights to both Glasgow and Edinburgh from London.

Frequent coach transfers are available from each of the two airports to their respective city centres. From there, visitors can access the frequent and reliable train services which run to Stirling from both Edinburgh and Glasgow.

If you are planning to drive, Glasgow Airport is approximately a 1 hour 20 minute drive to the University campus while Edinburgh Airport is a 45 minute drive.

Edinburgh Airport Bus Connections www.flybybus.com

SECURITY ON CAMPUS

The University’s Security team provide security cover for the main Stirling campus 24 hours per day, 365 days of the year. The team carries out a wide range of duties all aimed at ensuring the safety & welfare of all staff, students & visitors. A network of CCTV cameras is also in place to help ensure that the main Stirling campus lives up to its well earned reputation as a safe and welcoming environment. Staff or students who notice signs of suspicious activity are advised to contact the security team on Ext: 7001 (Tel: 01786 467001, if phoning form an outside line or mobile phone). In an emergency staff or students should phone 2222 (Tel: 01786 467999, if phoning from an outside line or mobile phone).

MEDICAL ASSISTANCE

Please refer to the notice boards in the Halls of Residence and Reception points in Self-Catering Properties for details.

EMERGENCY PROCEDURE

The University’s Internal Emergency Number is 2222. Guests should not phone 999 in an emergency but should phone the internal 2222 number.

INFORMATION FOR VISITORS

SECURITY

The University’s Security team provide security cover for the main Stirling campus 24 hours per day, 365 days of the year. The team carries out a wide range of duties all aimed at ensuring the safety & welfare of all staff, students & visitors. A network of CCTV cameras is also in place to help ensure that the main Stirling campus lives up to its well earned reputation as a safe and welcoming environment. Staff or students who notice signs of suspicious activity are advised to contact the security team on Ext: 7001 (Tel: 01786 467001, if phoning form an outside line or mobile phone). In an emergency staff or students should phone 2222 (Tel: 01786 467999, if phoning from an outside line or mobile phone).

MEDICAL ASSISTANCE

Please refer to the notice boards in the Halls of Residence and Reception points in Self-Catering Properties for details.

EMERGENCY PROCEDURE

The University’s Internal Emergency Number is 2222. Guests should not phone 999 in an emergency but should phone the internal 2222 number.

INFORMATION FOR VISITORS

SECURITY

The University’s Security team provide security cover for the main Stirling campus 24 hours per day, 365 days of the year. The team carries out a wide range of duties all aimed at ensuring the safety & welfare of all staff, students & visitors. A network of CCTV cameras is also in place to help ensure that the main Stirling campus lives up to its well earned reputation as a safe and welcoming environment. Staff or students who notice signs of suspicious activity are advised to contact the security team on Ext: 7001 (Tel: 01786 467001, if phoning form an outside line or mobile phone). In an emergency staff or students should phone 2222 (Tel: 01786 467999, if phoning from an outside line or mobile phone).

MEDICAL ASSISTANCE

Please refer to the notice boards in the Halls of Residence and Reception points in Self-Catering Properties for details.

EMERGENCY PROCEDURE

The University’s Internal Emergency Number is 2222. Guests should not phone 999 in an emergency but should phone the internal 2222 number.

INFORMATION FOR VISITORS

SECURITY

The University’s Security team provide security cover for the main Stirling campus 24 hours per day, 365 days of the year. The team carries out a wide range of duties all aimed at ensuring the safety & welfare of all staff, students & visitors. A network of CCTV cameras is also in place to help ensure that the main Stirling campus lives up to its well earned reputation as a safe and welcoming environment. Staff or students who notice signs of suspicious activity are advised to contact the security team on Ext: 7001 (Tel: 01786 467001, if phoning form an outside line or mobile phone). In an emergency staff or students should phone 2222 (Tel: 01786 467999, if phoning from an outside line or mobile phone).

MEDICAL ASSISTANCE

Please refer to the notice boards in the Halls of Residence and Reception points in Self-Catering Properties for details.

EMERGENCY PROCEDURE

The University’s Internal Emergency Number is 2222. Guests should not phone 999 in an emergency but should phone the internal 2222 number.

INFORMATION FOR VISITORS

SECURITY

The University’s Security team provide security cover for the main Stirling campus 24 hours per day, 365 days of the year. The team carries out a wide range of duties all aimed at ensuring the safety & welfare of all staff, students & visitors. A network of CCTV cameras is also in place to help ensure that the main Stirling campus lives up to its well earned reputation as a safe and welcoming environment. Staff or students who notice signs of suspicious activity are advised to contact the security team on Ext: 7001 (Tel: 01786 467001, if phoning form an outside line or mobile phone). In an emergency staff or students should phone 2222 (Tel: 01786 467999, if phoning from an outside line or mobile phone).

MEDICAL ASSISTANCE

Please refer to the notice boards in the Halls of Residence and Reception points in Self-Catering Properties for details.

EMERGENCY PROCEDURE

The University’s Internal Emergency Number is 2222. Guests should not phone 999 in an emergency but should phone the internal 2222 number.

INFORMATION FOR VISITORS

SECURITY

The University’s Security team provide security cover for the main Stirling campus 24 hours per day, 365 days of the year. The team carries out a wide range of duties all aimed at ensuring the safety & welfare of all staff, students & visitors. A network of CCTV cameras is also in place to help ensure that the main Stirling campus lives up to its well earned reputation as a safe and welcoming environment. Staff or students who notice signs of suspicious activity are advised to contact the security team on Ext: 7001 (Tel: 01786 467001, if phoning form an outside line or mobile phone). In an emergency staff or students should phone 2222 (Tel: 01786 467999, if phoning from an outside line or mobile phone).

MEDICAL ASSISTANCE

Please refer to the notice boards in the Halls of Residence and Reception points in Self-Catering Properties for details.

EMERGENCY PROCEDURE

The University’s Internal Emergency Number is 2222. Guests should not phone 999 in an emergency but should phone the internal 2222 number.
LAUNDRY SERVICE

Guests are required to provide their own soap powder. Laundry cards purchased at John Forty’s Court, Polwarth Laundry and Alexander Court for £4 gives you 12 credits – a wash uses 4 credits and a dry uses 2 credits. E.g one card will give you 2 washes and 2 dry’s or any combination using the 12 credits.

On campus launderettes are available at:
- **Polwarth Flats** (open 7 days, Jun 0700 – 0900 & 1500 – 2300; Jul, Aug, Sep 0700 – 2300). Card operated, card purchased via dispenser within laundry.
- **Alexander Court Apartments** (open 24 hours, 7 days a week). Card operated, card purchased via dispenser within laundry
- **Spittal Hill Chalets** (open 7 days, 0700 – 2300). Coin operated (requires £1 and 20p coins). Access via key supplied on arrival at Spittal Hill.
- **Andrew Kerr Davidson Hall** (open 24 hours, 7 days a week). Coin operated only £1.40 per wash, £0.20 per tumble dry cycle.
- **Murray Hall** (open 24 hours, 7 days a week). Coin operated only £1.40 per wash, £0.20 per tumble dry cycle.

Off campus, a laundry facility is available at:
- **John Forty’s Court**. Closed during month of June. (open Jul/Aug/Sep 24 hours, 7 days a week for residents of JFC) Access via key supplied on arrival. Card operated, card purchased via dispenser within laundry.

HALLS:
- Andrew Stewart Hall 00 44 (0) 1786 466960
- Murray Hall 00 44 (0) 1786 466965
- A K Davidson Hall 00 44 (0) 1786 466972
- Geddes Court 00 44 (0) 1786 466980

FLATS:
- Fraser/Donnelly Office 00 44(0) 1786 466986
- Muirhead/Polwarth Office 00 44(0) 1786 466990

SUPERMARKET
Tel: 01786 462157
Ideal for those on a self-catering break, the supermarket stocks a range of groceries.

**Summer Opening Hours**
- Mon–Fri 0900–1800
- Sat 1000–1500

**Semester Opening Hours**
- Mon–Fri 0900–2200
- Sat 1030–2200
- Sun 1100–2000


day cycle.

SHOPS ON CAMPUS

Books for conferences and groups

The University has 2 main dining rooms – Pathfoot Dining Room and Haldane’s. Meals are offered cafeteria-style within the normal service times. Meal cards are normally issued entitled you to the pattern of meals agreed with your Conference/Event Organiser (Please note that meals not booked in writing, in advance, cannot be guaranteed).

Your meeting room(s) will be signposted.

GENERAL INFORMATION

Care & Consideration
All guests are requested to respect the feelings of, and show consideration for, other visitors to the University. Noise should therefore be kept to a minimum after 11 pm. Guests in Halls are asked to consult the Concierge before organising a late night meal.

TELEPHONES AND TELEPHONE NUMBERS

Payphones in residences take both card and coins. Main University switchboard 01786 473171.

**HALLS:**
- Andrew Stewart Hall 00 44 (0) 1786 466960
- Murray Hall 00 44 (0) 1786 466965
- A K Davidson Hall 00 44 (0) 1786 466972
- Geddes Court 00 44 (0) 1786 466980

**FLATS:**
- Fraser/Donnelly Office 00 44(0) 1786 466986
- Muirhead/Polwarth Office 00 44(0) 1786 466990

**APARTMENTS:**
- Alexander Court 00 44 (0) 1786 466094
- John Forty’s Court 00 44 (0) 1786 449471

**ATTENDANCE:**
- John Forty’s Court (open Jul/Aug/Sep 24 hours, 7 days a week for residents of JFC) Access via key supplied on arrival. Card operated, card purchased via dispenser within laundry.

**BANK OF SCOTLAND**
Tel: 01786 422000
Our on site bank is available to assist you with a wide range of financial transactions. (ATMs also available).

**Summer Opening Hours**
- Mon–Fri 0915–1645
- Semester Opening Hours
  - Mon–Fri 0900–2200
  - Sun 1100–2000

**UNION SHOP**
Tel: 01786 467175
The Stirling University Students’ Association (SUSA) Shop stocks a wide range of gift items bearing the University ‘brand’. Also stocks stationery, gifts and occasion cards.

**Summer Opening Hours**
- Mon–Fri 1000–1700
- Semester Opening Hours
  - Mon–Fri 0900–1730

**UNIQUE BEAUTY THERAPY**
Tel: 07809 467982
Based in the University sports centre, Unique offers a wide range of treatments and uses organic products.

**Summer Opening Hours**
- Mon–Fri 0900–1730
- Tues–Sat (times may vary)
SPORTS

SPORTS CENTRE
Mon–Fri 0800–2200  Sat–Sun 0800–2000
Comprises a sports hall, tennis centre, fitness suite and squash courts. The Sports Centre staff will be delighted to advise of the availability of individual facilities during your stay. Simply call in person at the Sports Centre Reception Desk, or telephone 466900 to find out what is available.

Sport Hall/Squash Courts
Daily rate of £4.50 for adults and £2.80 for children.

Fitness Suite (only open to over 16s)
Admission £7.20 per visit or a weekly ticket is £22.

Tennis
Tennis prices vary according to season. Please ask at reception for details.

A weekly family tennis centre, sports hall and squash courts ticket is available for £32.
A weekly family combined ticket is available for £50 (swimming, sports hall, tennis and squash) (Family ticket is for 2 adults and up to 4 children).

SWIMMING

Mon, Wed & Fri 0800–2200  Tues, Thurs 0700–2200
Sat 1230–1530  Sun 0700–1400
Please check the swimming pool timetable for details. The timetable may be consulted either at the swimming pool or sports centre reception or online at www.sports-dev.stir.ac.uk

Those wishing to use the pool at weekends should note that additional opening hours may become available. Please check with the Pool Reception Desk for amendments to opening hours.

Admission £4.10 for adults and £2.70 for children.
A weekly family swim ticket is available at a cost of £29 per week (family ticket is for 2 adults and up to 4 children).

GOLF

Open 7 days a week from April - October, 10am to dusk.
Set between the historic Airthrey Castle and the scenic Airthrey Loch, Airthrey Golf Course provides breathtaking views of the Ochil Hills and the Wallace Monument, the towering tribute to Scotland’s Braveheart, Sir William Wallace. A 9-hole, Par 3 course, it provides an interesting challenge for golfers of all abilities.

Green Fees
Adult (Weekday) £4.50 (per 9-hole round)
Juvenile (Weekday) £2.70 (per 9-hole round)
Adult (Weekend & Bank Holidays) £5.50 (per 9-hole round)
Juvenile (Weekend & Bank Holidays) £3.00 (per 9-hole round)

Putting Green Fees
Adult £2.00  Juvenile £1.00

Clubs and equipment can be hired, at a small charge, from the Golf Pavilion Tel: 01786 466915.

INFORMATION FOR VISITORS

YOUR ACCOMMODATION

ARRIVAL/DEPARTURE

Halls of Residence
There are four halls of residence located on the campus - Andrew Stewart Hall, Murray Hall, A K Davidson Hall and Geddes Court. The check-in point for each Hall is located at each individual Hall’s Reception Area.

Flats, Apartments & Chalets
Donnelly, Fraser, Muirhead and Polwarth Flats, together with Alexander Court Apartments and Pendreich Way and Spittal Hill Chalets are all located on the campus. John Forty’s Court is situated approx 1.5 miles from the main campus.

Check-in points are:
Fraser and Donnelly Flats  Donnelly Office
Muirhead and Polwarth Flats  Polwarth Office
Pendreich Way Chalets  Reception Desk in Andrew Stewart Hall
Spittal Hill Chalets  Chalet No. 15
Alexander Court  Alexander Court Reception Area
John Forty’s Court  John Forty’s Court Reception Area

Reception Areas are normally staffed during office hours, and the Halls of Residence enjoy a night concierge service.

PLEASE RETURN KEYS TO RECEPTION PRIOR TO DEPARTURE.
GUESTS ARE REQUIRED TO VACATE THEIR ACCOMMODATION BY 0930 ON THE MORNING OF DEPARTURE.

HOUSEKEEPING

Halls of Residence
In the Halls, clean sheets, duvet cover, towel and bathmat are supplied. The usual bedcover is a duvet, although we do hold a stock of blankets if preferred.

Flats, Apartments & Chalets
For those in flats, chalets or apartments, bedlinen is supplied and these properties are serviced between lets only. Towels are not supplied as a matter of course in the University's flats, apartments and chalets, with the exception of Pendreich Way Chalets where towels are provided as part of the service required for the Visit Scotland 3 stars Self Catering award.

SHAVING SOCKET
Shaving sockets are available in all properties (2-pin, 115-230 V, Chilton switch type).

COTS AND HIGHCHAIRS
Travel Cots and Highchairs can be made available, at a small additional charge. Guests are requested to provide advance notice of their requirements.

TELEVISIONS
Television Lounges are available in each of the four Halls of Residence.
TV/DVD Combi sets are provided in each of the Pendreich Way Chalets.

Individual television hires can be arranged direct with a local rental company. For further details please telephone Burgess & Gibson Ltd on 01786 823176.

INFORMATION FOR VISITORS

YOUR ACCOMMODATION

ARRIVAL/DEPARTURE

Halls of Residence
There are four halls of residence located on the campus - Andrew Stewart Hall, Murray Hall, A K Davidson Hall and Geddes Court. The check-in point for each Hall is located at each individual Hall’s Reception Area.

Flats, Apartments & Chalets
Donnelly, Fraser, Muirhead and Polwarth Flats, together with Alexander Court Apartments and Pendreich Way and Spittal Hill Chalets are all located on the campus. John Forty’s Court is situated approx 1.5 miles from the main campus.

Check-in points are:
Fraser and Donnelly Flats  Donnelly Office
Muirhead and Polwarth Flats  Polwarth Office
Pendreich Way Chalets  Reception Desk in Andrew Stewart Hall
Spittal Hill Chalets  Chalet No. 15
Alexander Court  Alexander Court Reception Area
John Forty’s Court  John Forty’s Court Reception Area

Reception Areas are normally staffed during office hours, and the Halls of Residence enjoy a night concierge service.

PLEASE RETURN KEYS TO RECEPTION PRIOR TO DEPARTURE.
GUESTS ARE REQUIRED TO VACATE THEIR ACCOMMODATION BY 0930 ON THE MORNING OF DEPARTURE.

HOUSEKEEPING

Halls of Residence
In the Halls, clean sheets, duvet cover, towel and bathmat are supplied. The usual bedcover is a duvet, although we do hold a stock of blankets if preferred.

Flats, Apartments & Chalets
For those in flats, chalets or apartments, bedlinen is supplied and these properties are serviced between lets only. Towels are not supplied as a matter of course in the University's flats, apartments and chalets, with the exception of Pendreich Way Chalets where towels are provided as part of the service required for the Visit Scotland 3 stars Self Catering award.

SHAVING SOCKET
Shaving sockets are available in all properties (2-pin, 115-230 V, Chilton switch type).

COTS AND HIGHCHAIRS
Travel Cots and Highchairs can be made available, at a small additional charge. Guests are requested to provide advance notice of their requirements.

TELEVISIONS
Television Lounges are available in each of the four Halls of Residence.
TV/DVD Combi sets are provided in each of the Pendreich Way Chalets.

Individual television hires can be arranged direct with a local rental company. For further details please telephone Burgess & Gibson Ltd on 01786 823176.
**MACROBERT**

The macrobert’s mainhouse auditorium offers an exciting and varied programme of live theatre, music, dance and comedy. Alternatively you may prefer ‘a night at the movies’, watching recent and classic films in the 135 seat filmhouse. Details of current and forthcoming events are displayed within the Arts Centre and in the Andrew Miller Building and macrobert box office staff will be delighted to assist you with any queries which you may have.

The macrobert café bar is open from 9am Monday to Saturday, 10am on Sundays, until late, offering snacks and regularly updated specials on lunch and pre-theatre dinner menus.

Facilities include:

> refurbished theatre with seating for 468 people, mainhouse state of the art cinema, filmhouse café/bar with video projection and performance space for comedy and live music children’s art gallery with projection facilities for animation and other film work produced by children, arthouse Scotland’s first dedicated, professional children’s theatre, playhouse
> fully supervised créche, involving children in arts activities, treehouse
> workshop and rehearsal space, workhouse
> children’s room, wallace’s den
> dedicated babycare centre

**macrobert contact details**

tickets and information macrobert, University of Stirling, FK9 4LA Tel. 01786 466 666 email: info@macrobert.org
Visitors to the University of Stirling can enjoy a range of catering to suit all tastes, appetites and budgets. A fantastic array of on campus catering outlets managed by Sodexo, one of the world's leading catering providers, ensure that you need never go hungry, whether you're attending a conference, visiting with a group or simply enjoying a family holiday.

Sodexo is committed, wherever possible to using only fresh ingredients in all of its menu items, so guests are assured of great tasting, great value food.

**HALDANE’S DINING ROOM & PATHFOOT DINING ROOM**

Either of the University’s two main dining rooms will normally provide the setting for conference and large event meal times. Guests are advised to check with event organisers or, where applicable, consult notice boards in your University accommodation to establish which dining room is open during your stay.

**STIR CAFÉ**

The perfect spot to take time out, Stir Café offers a diverse range of soups, sandwiches and salads, as well as ‘naughty but nice’ treats, in the form of pastries and cakes all made on-site, to complement great tasting and Fairtrade certified coffee. On a fine summer day, why not while away the time ‘soaking up the rays’ on Stir’s open air seating area.

**ATRIUM FOOD ON THE MOVE**

For those guests for whom time is of the essence, Atrium Food on the Move provides the perfect fast food solution. As well as fast food favourites such as burgers and chips, you can also enjoy a healthier and more exotic alternative, in the form of an ever changing daily offering from the wokery. The Sandwich Bar also offers a range of soups, sandwiches, boxed salads, soft drinks and confectionery.

**THE BITE**

The University’s very own ‘grab & go’ Costa coffee outlet, The Bite serves up a great range of paninis, savoury and sweet snacks, soups and sandwiches throughout the day. Why not indulge yourself at The Bite?

---

**VISITOR ATTRACTIONS**

You can stop wondering what to do today.

**BANNOCKBURN**

Glasgow Road, Stirling, FK7 6LU. On A972, 2 miles south of Stirling.


Tel 0844 493 2139

The National Trust for Scotland is a charity registered in Scotland, Charity Number SC 007410.

**The National Trust for Scotland is a charity registered in Scotland, Charity Number SC 007410.**

**VISITOR ATTRACTIONS**

- **Loch Katrine**
  - A special experience for everyone to enjoy

**EXPLORE THE CROWNING GLORY OF RENAISSANCE SCOTLAND**

Stirling Castle, Stirling, FK8 1EF

1st April - 30th Sept: 9.30am - 6.00pm

1st October - 31st March: 9.30am - 5.00pm

Last ticket sold 45 minutes before closing.


Tel 01786 450 060

10% Off

Full price entry on production of this guide.

**VISITOR ATTRACTIONS**

- **Scottish Cruises**
- **Panoramic Cruises on ‘Lady of the Lake’**
- **Classic Steamship Cruises on ‘Sir Walter Scott’**
- **Lochside Dining in The Anchor’s Rest**
- **Cycling Adventures for all the family**
- **Souvenirs and Scottish Crafts from Katrine Gifts**
VISITOR ATTRACTIONS

Stirling and the surrounding area offers a wealth of tourist attractions. In the following pages we have provided a selection of just some of the things to see and do during your stay.

FURTHER INFORMATION

www.visitscotland.com
www.welcometoscotland.com

The Thistles Shopping centre is situated in the heart of Stirling, Scotland's youngest city!

The Thistles tempts you with unrivalled selection of over 90 stylish shops, mix of big brands and variety of speciality shops which makes shopping an ultimate experience.

Opening Times:
Monday - 0900 to 1730
Tuesday - 0900 to 1730
Wednesday - 0900 to 1730
Thursday - 0900 to 2000
Friday - 0900 to 1730
Saturday - 0900 to 1800
Sunday - 1100 to 1700

Tel: 01786 470 055
www.thethistles.com

INTERNET ACCESS ON CAMPUS

Please Note Internet Access is NOT provided in our Residential Accommodation.

Internet Access is possible within central computer labs on the University campus. A visitor’s password is required to access these computers and is available from the Commercial Operations office Room 2B10, Cottrell Building.

You may use PC is located in the Library located in the Andrew Miller Building. Opening times are:
Mon–Fri 0900–2200
Sat–Sun 0900–1600

Alternatively we have Open Access Labs located in the following areas.

COTTRELL
Open Access Labs (24 hour Access)
2B41  2B43  2Y5

PATHFOOT
Open Access Labs
(All day access, building closes at 2200hrs)
G10?